# RULES of Kobudo Competition BUNKAI KATA VERSION

#### I. PLAYGROUND

1. Playground must have plain surface and be safety.

2. Playground must have additional dimensions, which are not preventing the free execution of techniques.

#### **II. OFFICIAL DRESSING FORM**

1. Participants, Referee and filed judges must be in official dressing form, indicating in rules for KUMITE.

2. Participants, dressing without strict accordance of the rules, should not be admitted to the competition.

3. For participants, dressing without strict accordance of the rules, is given one minute to put themselves in correct form.

#### **III.ORGANIZATION OF THE COMPETITION**

1. Competitions on BUNKAI KATA" are executed in the form of team matches. Competitions are executed between teams, consisting of 2-5 participants. Commands may be male, female and or combinated type.

2. Participants demonstrate techniques with weapons and self-defense technique.

#### **IV. REFEREE TEAM**

1. Referee Committee determines at the beginning each match the referee team, consisting of 5 or 7 referees.

2. Besides, to make the execution of competition more simple, are selected the secretaries and informatory.

#### **COMMENTS**

Referees sit down in the corners and two sides of playground, as this manner helps to watch the competitions in proper way. As far as possible, the referee team must consist of the representatives of different states and styles.

#### **V. CONDUCTION OF POINT**

1. BUNKAI KATA Competitions consists of 3 circles. In first circle are selected the 16 participants, in the second -8 participants and in the third circle is determined the winner and places taking up in final competition.

2. Each participant indicates the mark in accordance with point system. Cards with indicated points are held in right hand.

3. When the secretary summarizes the points, received by each participant in course of the circle, minimum and maximum points are not taken into account. If in any circle are fixed the equal number of points, collected by two and more participants, to the total amount is added the minimum point, which is not taken into account previously. If the is equal after this manipulations, to the total sum is added the maximum point, not taken into account previously. If after these manipulations the score will be draw, the winner will be determined by the total decision of referee.

#### **COMMENTS**

The sum of points is not accumulated from circle to circle. Each circle is considered separately as in individual duels on KUMITE.

In the first circle the participants have to demonstrate the compulsory *Programme*, including:

1. Hands' kick technique;

2. Feet's kick technique;

3. Throw technique;

4. Arm's twisting and keeping technique.

In the second circle the participants have to demonstrate the compulsory Programme, including along with compulsory Programme the traditional weapons' possession technique (tonfa-jitsu, hunchaku-jitsu, sai-jitsu, kama-jitsu, etc.).

In the third circle the participants have to demonstrate the optional Programme, including the traditional weapons' possession technique, or techniques without weapons.

To make the draw duels not be appeared very often, it is recommended to vary points widely, for example, in the first circle they should be varied from 5 to 7, in the second circle – from 6 to 8, and in the third – from 7 to 9.

Referee Committee determines the exact system of execution of each competition after the consultation with Organization Committee.

#### VI. MARKS CRITERIA

1. To determine the marks of individual participant or team the following criteria should be taken into account:

a) Techniques should be executed skillfully and the participant should demonstrate the understanding of its principles.

b) Execution of techniques should demonstrate the correct way of attention concentration, force, good balance and correct breath.

c) Competition also should be valued by the other parameters.

#### **COMMENTS**

When determine, for how many points should be reduces the mark due to mistake, it is recommended to do the following:

- For accidental confusion, interrupting the fluent execution of technique, which is quickly overcome, from the final mark is deducted the 0.1 point. For the short, but evident pause the mark is reduced on 0.2 point. The result of evident stop is disqualification. - Lost of balance for one second, when the participant, executing the technique, is makes the light sway but quickly takes the right position is lead to the reduction on 0.1-0.3 points. If lost of balance was more evident, but have been already overcome, the mark reduces on 0.2-0.4 points.

Besides the other criteria is the following:

- the correct breath, the good demonstration of force, speed, calculation of time, balance and tension;

- sequence and correctness of positions:

a) the correct correlation of weight, in accordance with the executed technique;

b) the adequate tension in positions;

c) feet, firmly staying on the floor.

Technique should demonstrate:

a) accuracy;

b) correct and sequential execution of technique;

c) correct tension, concentration;

d) adequate understanding of martial use of technique;

Execution of techniques should demonstrate in whole:

a) steady concentration of attention;

b) contrast tension, breath and movement;

c) understanding of demonstrating techniques;

d) real, but not theatrical show of techniques.

## **APPENDIX 1**

## Article 1. OFFICIONAL DRESSING FORM

1. Referee and field judges have to be dressed in official dressing form, stipulating by the Referee Committee.

2. Official dressing form is as follows:

- black trousers;
- one colored black socks;
- white shirt with long sleeves;
- black bow-tie;
- black shoes without laces to work on the playground.

## Article 2. NUNCHAKU

1. On the competition is allowed to use only officially acknowledged Nunchaku.

2. In height category up to 1.55 m are used so-called "junior" Nunchaku with 25 sm. length.

3. In height category over 1.55 m are used "adult" Nunchaku with 36 sm. length.

To avoid any injuries and accidents, the equipment should be in good, correct conditions and function properly.

4. Reserve equipment:

All participants must have the reserve equipment (Nunchaku, helmet, ets.). Equipment is always to be situated at hand (near the playground).

## Article 3. PROTECTIVE EQUIPMENT (BOGU)

On the competitions is allowed to use only officially acknowledged protective equipment (BOGU):

- gloves (black);

- protective helmet (MEN)

- protective waistcoat (DO).

#### Article 4. PARTICIPANTS

Participants have to be dressed in official dressing form, indicating hereinafter:

- white kimono;

- dark blue waistcoat (haory);

- official belt;

- participant must not have metallic things, which can wound the opponent;

- helmet of stipulated type to protect the head;

- it is admitted to use the organization symbol (or logo) on the left side of the breast;

- use of the bandages and bands, because of body injuries should be approved be Referee Committee after the consultation in the Committee of Competition Doctor.

- in kumite competitions for women should be officially adopted the use of additional protective equipment.

## **RULES AND OBLIGATIONS OF INSTRUCTOR.**

## Article 1.

1. During the competitions the participants officially can have only one instructor. Instructor is to have the registration card, which must be situated on the left side of the breast.

## Article 2.

1. Instructor should keep calmness during the competitions, and be worthy. Instructor has not any right to cry, give consultations or explain his own opinion loudly and in unworthy manner.

## Article 3.

1. Instructor must be in special place.

2. Instructor must not have the right to go on the territory of playground, excluding the situations, when it is required to replace the malfunctioning equipment in accordance the personal permission of referee.

## Article 4.

1. Instructor gives protests in strict accordance with the Rules.

#### Article 5.

1. It is prohibited to discuss and criticize the decisions of referee.

2. If instructor infringes the above mentioned rules, Referee Committee has the right to apply the disciplinary punishment in accordance with the Rules.

For unworthy actions of instructor referee can apply penalties on the participant, up to disqualification.

#### Article 6.

1. The participation of members of Referee committee and other authorities as instructors in competition is prohibited.

## **APPENDIX 3**

# OKINAWA AND JAPANESE AGRICULTURAL INSTRUMENTS OF LABOUR TO EXECUTE THE GYMNASTIC EXERCISES (KATA)

1. **BO** (**KUN**)-jutsu – wooden stick. The height of BO is not less then the height of the sportsman, and not higher than his height more than the width of two fists. The thickness of BO is not more than 2.5 sm.

2. **TONFA-jutsu** – wooden horizontal bar. The length of TONFA can not exceed the length of forearm more than 5 sm. and step forward the line of fist more than 10-15 sm. The thickness of handle and body of TONFA is selected individually.

3. **SAI-jutsu** – metal trident. The length of CAI does not exceed the length of forearm more than 5 sm.

4. **HUNCHAKU-jutsu** – two cross-belt sticks. In KATA are used the mild sport NUNCHAKU of stipulated type.

5. **SAN-JE-GUN-jutsu** – three connections. There are three wooden cross-belt sticks. The total length and thickness SAN-JE-GUN does not exceed the BO dimensions.

6. **KAMA-jutsu** – sickle. Blade of this KAMA equipment is prepared from wood in the form of beak on the shaft. The blades' length – is not more than 15 sm, the shaft – not more than 40 sm.

7. BOKEN – jutsu – wooden sword. The length of BOKEN is not more than 1 m.